



# MENTORING ONLINE WORK EXPERIENCE\_

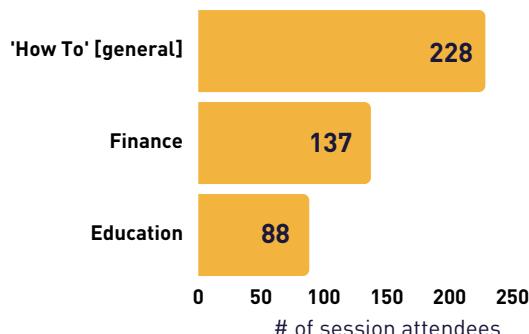
## IMPACT\_ SUMMER 2022\_

### REACHING YOUNG PEOPLE\_



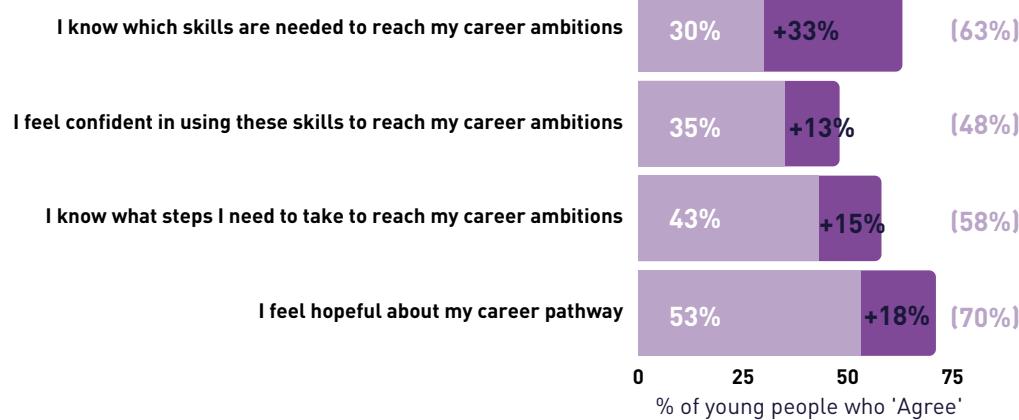
MOST POPULAR:  
'HOW TO PLAN FOR  
YOUR FUTURE'

### MOST POPULAR SECTORS\_



### BUILDING CAREERS KNOWLEDGE & CONFIDENCE\_

#### Knowledge & Confidence - Before first session vs. After last session



After attending the sessions, young people substantially improved their knowledge of the key skills relevant to their future careers - and they felt more confident in their own skills. They had a better idea of how to achieve their career ambitions and reported feeling more hopeful about their futures.

### FAVOURITE SESSIONS\_



"I found 'How To Write A Good CV' really helpful... it was really really practical... for example how long it takes employers to look at your CV... I was very keen on learning more, and I enjoyed the session like quite well, so...it was really really impressive and insightful so thank you so much."



"My favourite session was the 'How To Network' session... first of all it was just so lively and positive, and it was such an energising session. I just recently created a LinkedIn profile for myself... So this session which was centred around LinkedIn, it really helped me learn a lot of really simple tips and tricks and how to network on LinkedIn, how to connect with others, how to promote myself and I think that's really going to be useful to help me build on my LinkedIn profile and know how to communicate on LinkedIn better."



"[I] enjoyed the whole Public Service [strand]... I'm also looking into public policy and the rest of that, so it was... an interesting and impactful session for me"

"Engaging, enlightening, insightful"

### AFTER THEIR FINAL SESSION\_

- 95%** know which skills are needed to reach their career ambitions
- 93%** feel confident in using these skills to reach their career ambitions
- 90%** know what steps they need to take to reach their career ambitions
- 90%** feel hopeful about their career pathway

% of young people who 'Agree' or 'Somewhat Agree'

### IN ONE SENTENCE\_



"Every workshop describes and dives into pivotal skills and sectors of work - I would highly recommend it to everybody"



"It is a unique learning opportunity to explore an incredibly diverse range of career paths, as well as learn a lot of new skills that you wouldn't have otherwise learned, which I would highly recommend everyone to be a part of"



"This is something anybody and everybody should engage themselves with"